

The path to humanity's doom

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Regarding this:

(* = personal insights, secondary)

“A work is finished when we can no longer improve it, though we know it to be inadequate and incomplete. --- What determines the degree to which a work is done is not a requirement of art or of truth, it is exhaustion, and, even more, disgust.” - Cioran, E

1. Humanity

1.1. Selfishness

Humans don't differ from other species, being selfish and mostly doing everything they do for their own good. Yet for other species, selfishness is a crucial trait for survival in the harsh conditions of nature where it's about life or death. For most humans, especially in so-called developed countries, survival skills are no longer needed since living has been made relatively easy and the needs of the majority are met. Some are living in an abundance of easily accessible pleasure, while others are suffering greatly and dying from exploitation, and so is the Earth. The majority are not concerned about the consequences of their own actions.

Selfishness in humans comes mostly from individualism and false feelings of superiority – the false belief of being more worthy than other humans, animals, or nature. The false belief of being justified to receive and own more than they need, even at the cost of other people or nature. More rarely selfish actions come from ignorance, which would be more acceptable, but should not be possible in this area of the internet and easily accessible knowledge. Most act as if humans as a species were superior, particularly themselves. The truth is that the human race is a disgrace with only a minority of decent or superior individuals. These individuals are those who are not only intelligent but also capable and willing to think in depth. They scarcely ever are those selfish, ignorant people. Furthermore, these individuals care as much about other humans, nature, and animals as they would about themselves and act accordingly.

Even most animals have more sympathy than most humans do. Humans can be kind, considerate, and altruistic. However, the pressure to be successful and happy, emphasizing individuals over communities, faulty (or lack of) thinking, and change in values overcomes these qualities and leads to selfish behavior. Most don't mind hurting others to get what they want. That's human nature. To emphasize, a want is not a need. It's usually not about survival. It's about benefiting oneself and greed. It can also be linked to the desperation to be seen as valuable. *Considering the plan I'm about to carry out, I am aware of being flawed.* Selfishness has always been a part of humanity, but should it not start to fade if humanity is

as civilized as it should be after all this development? *I'm not doing this for my own good. I'm trying to help.*

1.2. Misfits*

Not many would be worth sparing if that was the case. I tried to like people but then realized there was no reason. People themselves opened my eyes. I've always found most people exhaustingly shallow and a waste of time, but regardless, I tried to fit in and act nice and be kind. I was lucky to find a few who I could feel connected with and who were kind. I hate people that are rude for no reason. Stop acting as if you were better. You are only a shell of a human. People tend to focus on themselves too much. They think they are so much when, in reality, they're nothing. Most people are faulty. I wish the human race would go extinct.

When I realized even the most useless weak fools often treat others as if they were better than others - lying, being rude and selfish, hurting them, and judging them, I realized I was not faulty for being mistreated, bullied, and disrespected, that it was something about the whole humanity. I took a closer look and realized that something was profoundly wrong. In addition, we were on the wrong course, a course to destruction.

I accepted the fact that I would have to be the one to make a change after I realized that people wouldn't stop hurting others or start caring about anyone other than themselves. After every hit, after every mean word, after every time I got abandoned, after everything that happened to me and to others, after every piece of news or book I read, after every second I wasted thinking about the situation of today's humanity, it slowly grew on me. There's no worse being than a human being. That is common knowledge. I realized that it wasn't just a few here and there who were selfish, shallow, and subnormal, but a significantly larger part of humanity.

I merely became aware of the current horrible state of the human race, which seems to continuously worsen. I hate humanity even though I have a lot of love. Everything has changed and taken a fast route to degeneration, and it's starting to feel like there's no going back. People should be distinguished based on intelligence if anything. It feels as if it's every

man for themselves now. No one truly matters to others, even less to the world. These retarded individuals think they are of importance. There's not one person on this Earth that's important on a level that they think they are.

The human race is not evolving for the better. Instead, it is degenerating. Governments and companies could benefit from the majority becoming brainless robots, but the small percentage of individuals with actual intelligence will suffer greatly. Nature has its' way. That is called natural selection, and we should not prevent it from happening. Instead, we should pursue it. Get rid of the misfits. The planet is dying, and for what? The overpopulation of the Earth is an issue everyone should be concerned about. The environment is what everyone should be concerned about. Yet those billions are only worried about themselves. Something needs to be done and someone needs to do it. There needs to be a wake-up call.

1.3 Hatred misplaced

At least the masses finally started realizing that skin color means nothing. A foolish white person is not better than a foolish black person. Will they ever realize that it is the mind that matters? Even with this improvement we have made, however, there has been disintegration, a downward spiral in development. The extremist right-wing movements are raising their heads once again. The good thing is that the phenomenon of hatred of groups indicates there is a realization of major issues and that something should be done. Only they are too inconsiderate, unintelligent, and narrow-minded to realize that one group is not to blame or that their group is not superior by nature. Another example of this is that the hatred between the sexes is only growing, and radical feminism and misogyny run rampant. With this development, equality and uniting to face the most threatening issues of the world seem less and less a possibility. Widening the gaps between groups, hatred, and finding one group to blame for everything, might seem like a convenient way to fix the issues, but the hatred is misplaced.

I don't hate anyone for their race, looks, sexuality. I don't hate men. I don't hate women. I hate liars. I hate selfish, shallow, narrow-minded, ignorant, weak, useless people, especially those misfits who at the same time, think too highly of themselves. I hate ignorance and lack

of understanding and awareness. The worst is selfishness and indifference regarding anything other than concern for their well-being or success, superficiality. These types of humans, the misfits and the selfish should be removed.

Low IQ is direct inferiority. However, those people can save themselves from being worse than the majority simply by how they act since there's much more to the human mind than just intelligence or IQ. It's not a measure of kindness, altruism, authenticity, integrity, or love for nature. It reveals nothing about how a person acts or treats others, how mindful they are of others and the world surrounding them when making decisions. Therefore, the reasoning behind our doom can not be found in these "low IQ people" solely. For they can use their time to make the world a better place despite their partial inferiorities. However, intelligence should be accepted as the most important factor in classifying or separating people, or when given power or attention in decision-making. Politicians, for example, should be required to take a test. Values and behavior are easier to learn than the ability to think in depth.

The way one acts reveals a lot about the mind. A successful person, by modern standards, a lucrative person, could very well, and is likely to, be a worse person than an unpretentious one with less fortune. There is a shocking quantity of individuals with a lot of money and power, "success", who never use it for anything good. In addition, that fortune is more often gained from the exploitation of others. Unfortunately, not even social media, where regular or unknown people with no power could get their voices heard, is used for anything good or useful. Social media is the multi-climax of shallowness and individualism, and it is disgusting and should mostly be banned.

All races, both genders and all ages include misfits.

Those who think it depends on any of those qualities are not only ignorant but likely to be part of that mass of misfits who should be removed.

The culture you have embraced, the way you were raised, the communities you belong to, and whether you are an atheist, all make a difference. Although, in the end, it's about the person themselves. Most are born already weak-minded and unfit.

1.4 Time wasted

Where do all these degenerates come from? Most human beings don't seem capable of thinking, even less thinking in depth. How free time is spent and how the general media impacts the masses is partly to blame. It is easier to listen to others and do what they are doing and think what they are thinking than to form thoughts of your own. The focus of this text is not on what people do for work since we can agree that most do that for the simple purpose of gaining money, which is crucial for survival and, therefore, not a direct indication of values. However, working solely for personal profit and success is not as admirable as it has been made to seem in today's society, even when it's not self-evident that a person can provide for themselves. The pursuit of success and materialism is discussed later. How one spends free time makes a difference since it affects the mind significantly at the individual level and reflects their values. Additionally, it affects consumption and the environment on a larger scale. Trends can co-influence how free time is spent at times.

Religions in the Nordic countries have been losing their power for decades now, and that's a great thing. The atheists used to be those above-average people who were able to figure out truths about the world and focus on significant matters, such as science, environment, and social issues, and developing the world in various aspects - not wasting their time on some storybooks. Unfortunately, that is not the case anymore. Instead of using their time on purposeful things, they keep melting their brains and wasting their time on tiktok, incel forums, and whatnot. People in developed countries have so much time on their hands, yet they focus on themselves, and not the world around them. As a result, they are more concerned about their pronouns, gender issues (as a result of individualism, obsession with defining oneself, and too much free time, as seen during Covid and the increase of this phenomenon), personality test results, clothing trends, looks, self-improvement to a ridiculously detailed and futile level, materialistic items, horoscopes, and other self-centered identity issues, than issues that are leading humanity to its doom.

It must be emphasized how it has become admirable to spend free time in the self-centered pursuit of "self-improvement". This can consist of much healthier practices than watching or producing some form of social media, but regardless, it is individualistic. In addition, it

usually consists of superficial values, and the practices or goals can be going to the gym to be fitter, making more money, buying extravagant materialistic items, gaining more following on social media, and making yourself more attractive. It is important to note that this is mostly done because of societal pressure and a constant arms race between people, which social media further encourages. Do any of these activities make a better person in reality? Not every hour of the day can or should a person be useful, but there should be balance. Moreover, people should focus more on their surroundings rather than themselves. It is admirable and healthy to want to be a better person to a certain point, but the meanings and values behind that are what matters. We will discuss the issues of self-centeredness later on.

Apps such as tiktok kill the last few brain cells its users have left. We can not only blame those who created those apps - but also those who actively use those kinds of apps to escape their own mind. It's unlikely that their brain is fried from birth - they fry it themselves by how they avoid using it. The internet was a great invention, but it started taking up too much space in our lives. It is now used too much for overstimulating fast-paced passive entertainment, and less for seeking information, learning, sharing views, and connecting with people across the world. People spend hours after hours watching brainless short entertainment videos, because they are too weak to fight it. Everything they do in their lives is to achieve short and fast enjoyment and those apps were perfectly developed for exactly that. I hate that. I hate how people are on their phones all the time, even while spending time with their so-called loved ones. It's considered normal now. It's taking up too much space. It should be banned.

The world has changed for the better, but mostly, for the worse.

2. Distortion of values and direction of development

The World's and technology's development has been rapid ever since the industrial revolution began. Change is constant and can be good when innovations bring out more sustainable and resource-saving ways to do things. Only, this development quickly took a turn for the worse. Humans have now become parts of a machinery that brings money-hungry individuals more money, and they are useless to the world or others for any other purpose. Human life now has no purpose other than to be profitable or be "successful", which is only possible by exploiting others. Values like caring, health, intelligence, belonging, love, and connection are replaced by values such as power, wealth, materialism, and superficiality.

We should go back a bit. Stop this hunger for money, economic growth, and personal profit. Superficial things should not be valued. Exploitation and individualism are killing the earth. It's killing any humanity we have left. People don't care about other humans and even less about animals or nature. People are becoming more selfish, only seeking fast pleasures with drastic consequences for the world and the people around them. Relationships are not genuine or lasting. There are less and less real connections. People do not want commitment, because it requires work. People only want a relationship with their phones and other things that keep their decaying brains entertained. Things are disposable and replaceable, which seems to be the case for everything now.

While technology is developing, the human race is de-developing. Think about tiktok. Whoever made it is ridiculously rich at this point, but how it affects the human brain is drastic and horrible. It's producing brain-dead people who can't focus anymore, can't think with their brain, can't socialize with other people, and can't get anything done because all they want to do is watch some nonsense that keeps them engaged or thirst traps or "informational" videos, of nothing of importance. Social media gives a platform for unintelligent opinions and the spreading of misinformation. It turns the focus on all the wrong things. You will only be listened to if you have filled your lips enough or gone to the gym enough. Its effects have been studied, and although we don't yet know the overall impacts in the longer term, it's general knowledge that it's not healthy for brain chemistry and development. In addition, it is disastrous for human connections, reinforces phone addiction,

and takes time away from more important things. How fucking disgusting, and not to talk about the trends of clothing and trends of products, in general, it creates weekly. It encourages consumerism and materialism, which are major issues for the world and nature, even for people themselves. To conclude, such apps should be banned, but they won't be because it's profitable for a small portion of people who are already rich and because confused people with mush as brains are easy to control.

What truly matters has been forgotten: love, nature, and art, whether it be paintings or words. It matters. Thinking matters, sharing those thoughts, having real connections with other people, having discussions, and not being alone. The capability to think on your own is rare, and spending time to do exactly that is even more rare. Education matters, as well as the desire to learn. The youth dreaming of becoming an influencer instead of a doctor tells everything essential. Generation after generation, intelligence decreases, and the values get more distorted. Humans are degrading. We have seen the warning signs of this exact situation for decades, but there hasn't been much effort to change it because it's not profitable. People who are easy to control are profit for companies and will give the power to power-hungry people who do not deserve the power, so rot the brains of the youth with tiktok and unethically unhealthy food and pronouns and influencers and shallowness and unnecessary wrongfully targeted twisted hatred, and whatever. Humanity will see its final days eventually. We are doomed. Do you not realize it, or do you not care? You only care about yourself, and that is the issue.

The order of importance on most things is upside down. Finland, for example, and like all, wants to focus on economic growth. This will be at the cost of animal- and human well-being and the environment. Growth might be essential in the current system, and that's partly the reason why it should be reconsidered, for degrowth is the only option for the world and us. There are a lot of forests in Finland which are valuable for many humans and animals and not a large area is natural forest, only 3%, because everything must be profitable. Nature should be the focal point. Money is always the focus. The greed of humanity seems to be never-ending. We could do with less. Less materialistic stuff and hurry, and more focus on each other and nature. It has become mandatory to over-consume to fit in modern society. In reality, it's selfish, and it's destroying the planet.

3. Individualism and its consequences

3.1 Individualism

Self-centeredness has become a common characteristic, driven by and affecting the constant pursuit of material possessions and personal gain. Individualism is what unites and divides humans of modern days. Individualism in this sense means self-interest and emphasizing self-importance, rather than autonomy and self-sufficiency, the less harmful aspects of individualism. Greater liberties create higher levels of personal autonomy, and human behaviors and values are distorted accordingly, creating wide-ranging issues with interpersonal connections and mental well-being at the individual level. Extensively, environmental problems worsen as a result of neglect and decision-making becoming individualistic, fueled by greed. In addition, decisions concerning the public are made based on the pursuit of group benefit or, in the worst case, an individual, instead of the general good and considering the nature to which we owe restoring all damage, at the minimum.

Millennials and later generations have been found to be less caring towards other people and more oriented towards individualistic behaviors when compared with previous generations. The direction of the development is towards more emphasized individualism, and this course should be changed. By exploring the adverse effects of self-centeredness, including the disregard for global issues, the relentless pursuit of material possessions, and the toxic allure of materialism, its threatening nature becomes apparent. Overemphasized individualism will kill any humanity that is left and, eventually, the Earth.

3.2 Effects on the world and humanity

The pursuit of personal gain creates a culture of intense competition, where collaboration, empathy, and the well-being of others are compromised. This self-centered mentality fosters a perfect environment for competition, where individuals engage in constant comparison and pursuit of success through materialistic and superficial actions. Individualism has a destructive impact on different aspects, hindering collective growth and harmony. It gets highlighted when considering the environmental impact. It has been found that high environmental consciousness exhibits higher collectivism and lower materialism.

Individualism strongly encourages materialism and thus also consumerism. This is disastrous to the environment. The overpopulation of humans, or any species, is against nature, and the human race's survival is now at the cost of other species. However, individualism is the greater evil resulting in exceeding Earth's capacity, for it increases the individual's need, desire, and action to consume resources. Resources should be regulated collectively, taking into account nature. Although absolute collectivism is dysfunctional because of human nature, we should move closer to that than we are now, and that should be done by legislation and larger movements. The issue with individualistic individuals is that they do not accept collectivism as an idea, because they are not willing to give up on anything they have because of individualism.

Individualism can be seen in the decrease in the number of memberships in organizations and higher percentages of one-person households. It directly affects people's sociability and how connected to others they are, as well as empathy, caring for others, and being considerate of others. Sociality is the basis of humanity and part of basic human needs. Individualism ultimately leads to more isolation and an increase in loneliness, causing a decline in mental well-being. It deteriorates mental well-being and directly increases suicide rates.

Individualism has been found to improve the well-being of individuals to a certain level, which, in addition, depends on cultural differences and individual tools to cope with its negative consequences on a personal level. Nevertheless, overemphasized individualism is destructive for the individual, especially because society is shaped towards a more competitive one, empathy decreases, dissatisfaction with oneself and others increases, and decisions are made for self-interest that creates an endless cycle of rivalry, selfishness, and misplaced anger towards other groups, further deepening the gap between humans, and groups in particular. Correspondingly, concentration on significant matters is disturbed. Instead of uniting to face the issues, there is a useless mass whose biggest problem is which consumer product to buy next to become seemingly better people. Nothing is learned of history, scientists are not listened to, nothing changes, and progression keeps its destructive path. Most importantly, individualism is destructive to nature and to the desire to care for others and work together.

3.3 Throw-away culture in relationships*

Studies show that cultures that embrace individualism over collectivism have higher divorce rates. In this industrial and competitive society, relationships have become entirely about exchange. People do not want to invest in relationships any longer than it's highly beneficial for them, for example, financially or through pleasure, services, status, or the value they set on another person, which is usually defined by looks, how new they are, or their current societal status. Humans in modern society do not care about other humans.

Individualism makes people believe that they deserve only the best. They are continuously seeking something better, which might not exist in reality. They lust over pretty faces and beautiful bodies, which might be humane, but their phones are filled with those images that are not even reality, those people do not exist in real life, if at all. They fall in love ten times a day with their phone screens because it's easy, while the real humans around them lack any attention, connection, or care from them, for that would mean putting in the effort. No effort is made because everyone is replaceable, as is everything else in the modern world. True love might not exist in modern society. It has no room to exist. Love is dead.

While it's a healthy change that it's easier to leave abusive relationships or marriages, it has come to a situation where no effort is made because it is easy and fast to find a new person. Causality can be found in individualism and a lack of connection. In individualistic societies, people value themselves far more than anything, be it other people or the environment. Contrary to the increase in individualism, human dignity is decreasing. Relationships now rarely have to do with feelings or love since this makes those values seem meaningless and prevents meaningful connections from forming. Individualism has already been found to affect birth rates and divorce rates, but its consequences will be far more disastrous and extensive as the development continues.

4. Consumerism and Materialism

Over-consumption is a severe issue caused by overpopulation, further fueled by individualism and the rise in living standards, the pursuit of economic growth, and the values individuals and society share and encourage, such as materialism. The larger global effects of over-consumption are seen in the over-exploitation of natural resources, pollution and climate change, loss of biodiversity, and environmental degradation. Overconsumption and unsustainable use of resources contribute to ecological problems. The greed for short-term profit overpowers long-term environmental sustainability and well-being. It also affects the individual, such as dissatisfaction and a further decrease in self-esteem through comparison, creating a cycle. People live either in abundance (majority in developed countries) or deficiency (majority in developing or overpopulated countries) of goods and pleasure depending on their position. A standard of living has been achieved, which should not be exceeded for some. Yet, people will never stop pursuing more, for they are convinced that they are important as individuals on a level where they deserve and are justified to own more. Materialism has everything to do with self-centeredness, and in addition, it promotes excessive consumption.

The main focus of this text is the consumption of material items such as clothing and meaningless and useless mass-produced items of poor quality, for the sole reason of those being closely connected to individualism, ignorance, and shallowness. Regarding other forms of individual consumption that have drastic effects on the world, it should also be noted that different diets have different impacts on nature, biodiversity, and the suffering caused, transportation plays its role in polluting the planet, and other everyday choices matter, etc. We most definitely can't let companies and the whole system off the hook. However, claiming that there is no ethical consumption under capitalism is part of the problem. There are no excuses to start consuming less.

A materialistic worldview is promoted everywhere, glorifying personal wealth and status. As a result, consumerism is encouraged. Materialism-driven consumers negatively affect the environment because it negatively correlates with environmentally friendly consumer behavior. The constant bombardment of messages reinforces the misconception that

acquiring more things will lead to a fulfilled life. Consequently, individuals become trapped in a cycle of perpetual desire, relying on material possessions to increase their value. While it is human that individuals get lost in the allure of materialism and conform to societal norms, it's crucial to realize that there is an ability and responsibility to do better. If consumers were provided with environmental education and strategic messages, more environmentally safe consumer behavior could be possible with the current system. However, more drastic changes are necessary. Legislation of ethical production should be strict.

The pursuit and possession of excessive unnecessary materialistic items indicates insecurity and a void within oneself. They are trying to fill a void that will never be filled with consumption, and this should be widely understood. The void is in reality mostly the lack of thinking, obviously impossible to fulfill with anything other than thinking and doing activities that encourage thinking. Filling this void could consist of exercise, spending more time in nature, being kind to others, forming real connections with other human beings and having meaningful conversations, being considerate of the environment and reducing consumption, reading meaningful books, thinking, researching, thinking about anything other than yourself, doing specific forms of art (writing), doing meaningful work, etc.

The reception of behaviors within individuals that protect the environment can't be achieved only through sharing information about environmental problems. Over-consumption and environmental protection in all aspects should be addressed by governments and by stricter legislation. Developed countries should start striving for degrowth instead of focusing on economic growth. The only way you can "win" in this system is by exploiting other humans and nature, meaning that the system is faulty and should be changed or improved at the minimum. The functioning of the consumer society lacks sustainability in various aspects. Overpopulation is an issue that would require drastic measures, especially in countries where the birth rate is more than 2. In addition, not everyone should be able to reproduce, for example, those with highly hereditary disabilities or other inferiorities. The one-child policy has its difficulties. Degrowth, stopping consumerism or changing the capitalist system, and increasing education can be used to battle overpopulation and the issues it causes. However, there are more effective ways. Regardless, drastic measures are required, for we have gone too far

Ethän sulje silmiäsi*

"Ei yksi ihminen voi tehdä muutosta". Niin. Tätä on toivotettu, kuin kasa soimaan jääneitä toisilleen identtisesti rikkinäisiä levyjä, kun erinäisissä keskusteluissa on ilmaissut huolensa jotakin niistä liian monista "jutuista" kohtaan, selvittääkseen onko yksin huoliensa kanssa, toivossa saada myötäilyä tai ymmärrystä, ehkä jopa samaistumista tai ideoita. On olemassa lukuisia tutkimuksia sekä huomiotta jätettyjä kirjoituksia käsitellyistä aiheista, jotka ovat huomattavasti kattavampia kuin tämä teksti. Olen tullut tulokseen, että nämä "jutut" on yllättävänkin pitkälti huomattu yksilöiden joukossa. Kuitenkin, joko itseään optimismiin pakottava ei niille halua uhrata ajatusta keskittyessään elämän "pieniin iloihin", tai sitten päädytään tuohon ensimmäiseen "ei yksi ihminen voi tehdä muutosta", joten miksi miettiä. Kehä. Toisin sanoen silmät suljetaan todellisuudelta ja ei pystytä tai haluta nähdä omaa napaa pidemmälle. Sitten on vielä tietenkin se surullinen osa, joka kieltää ja vähättelee näitä ongelmia, valitettavan usein esimerkiksi ilmastonmuutosta tai luontokatoa. Yhtä kaikki, vastuun pakoilua. Jos en minä, niin kuka? Ensimmäinen askel on herätys, joka on tässä. Seuraavaksi täytyy lainsäädännön ja yhteisen liikkeen kautta tuoda muutos käytäntöön. Massan liike, valtavirta, jatkaa kulkuaan väärään suuntaan, ja virran mukana kulkeminen vauhdittaa ja vahvistaa suuntausta. Kohti tuhoa. Ihmisen drastinen degeneraatio on pysäytettävä. Jos et sinä, niin kuka?

In the end,

The above-mentioned issues with humanity seem only to be getting worse. This act is a wake-up call. What do I want? A change. Stop, think, and change

I will lead you to a great war with this example, give it your best shot, for that is what matters, to care, to act

It is the only option left, the final attempt to change the course of development. The final chance to fix the damage. The final opportunity to prevent the destruction of nature and humanity

Fight for the worthy, fight for nature